

# SOUL TALK

## What is it?

“Soul Talk” is a series of spiritual conversations in which you have the opportunity to explore and deepen your relationship with God, the one who grows joy in us despite our circumstances. One of our Pastors will connect with you personally and guide you through these conversations. This could be a one-time conversation or you can choose to meet once a month with a Pastor for a total of three conversations. Each conversation will be about 45 minutes long.

## Who is it for?

Whether you are a rookie or a veteran Christian, you should sign up for “Soul Talk” if you are. . .

- Curious about God
- Looking for “something more” in your spiritual life
- Seeking to grow in intimacy with God
- Seeking to experience wholeness in your relationship with God and in your life.

## What will the conversations be like?

The conversations will be personal and informal and guided by a theme of your choice. These conversations aren’t about growing in knowledge as much as helping you explore your faith and identify God’s work in your life through directed questions. (See the next page to explore some possible themes of conversation)

## How do I sign up?

Click [here](#) to sign up for an initial conversation. One of our Pastors will be in touch with you shortly!

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## THEMES

Each of these themes is a series of three conversations exploring faith and God's work in your life through these different lenses.

### PRAYING THROUGH THE PSALMS

Both in our times of joy and in times of despair, the book of Psalms trains us to be honest with ourselves and with God. By reading and reflecting on the ageless words of Psalms, you will have the opportunity to enter into deeper conversations with God.

### "RETURN OF THE PRODIGAL SON"

For all of us who have experienced loneliness, rejection, envy, and anger, the grace of God is not an easy concept. By exploring the parable of the Prodigal Son (Luke 15:11-32) with the help of this grace-filled book by Henri Nouwen, you will have the opportunity to discover new things about God and yourself.

### JESUS QUESTIONS

Jesus only directly answered 3 of 183 questions that he himself was asked in the four gospels. Instead of giving easy answers, he often asked questions that challenged, repositioned, and transformed people. What might Jesus be asking you? How might you answer? By reflecting on some of Jesus' questions, you will have the opportunity to encounter Jesus anew in your life.

### RULE OF LIFE

Our lives are marked by all kinds of rhythms – commutes, meals, night-time television viewing. What would it look like to not only add rhythms but to envision all our habits in light of God's work in our life? By exploring what we already do, and reflecting on how we do them, these conversations will help you think through what a "Rule of Life" (intentional, life-giving rhythms) could look like in your own context.